



## Best Therapies Trans Resources Guide

### **Hormone Therapy Services & Information in Illinois**

[Gender Affirming Hormone Therapy at Planned Parenthood of Illinois](#)

[Find a Location and Make an Appointment | Planned Parenthood of Illinois](#)

[Hormone Therapy Services at Howard Brown Health](#)

[Locations - Howard Brown Health](#)

[Gender-Affirming Hormone Therapy at Plume](#)

[Planned Parenthood Hormone Self-Injection Instructions](#) (in writing & video)

### **Name and Gender Marker Changes in Illinois**

[Best Therapies Name Change Guide for Residents in Cook County, Illinois](#)

[Name Change Mobilization Resources — Transformative Justice Law Project of IL](#)

[Gender Marker Reassignment Form for Illinois](#)

### **FTM (Female to Male)/Non-Binary Surgery Resources**

[Top Surgery Workshop Information Presentation](#)

[Top Surgery FAQ](#)

[TopSurgery.net](#)

[What to Expect at Your Top Surgery Consultation](#)

[Top Surgery Considerations for Non-Binary Folx](#)

[Top Surgeon Directory in Illinois](#)

### **MTF (Male to Female)/Non-Binary Surgery Resources:**

[MTF Surgery](#)

[Breast Augmentation](#)

[Vaginoplasty](#)

[Orchiectomy](#)

[Surgeons Who Perform Gender-Affirming MTF Surgery](#)

[Non-Binary Options For Bottom Surgery](#)

[Binding Safely](#)

[Tucking Safely](#)

### **Gender Affirming Clothing**

[Half Binder GC2B](#)

[Compression Top Tomboy X](#)

[Gender Euphoric Underwear](#)

[Tucking Bikini](#)

[These Underwear Brands Are Helping LGBTQ+ People Feel More Comfortable in Their Bodies So You're a Trans Woman Looking for a Bra](#)

**uppercaseCHASE1 Reviews of Trans-Affirming Items**

[Videos](#)

[Website](#)

**Voice Lessons in Chicago**

[The Voice Lab](#)

[Chicago Voice Center](#)

[Voice therapy and transgender voice services in Chicago | speech IRL](#)

**Free YouTube Voice Lessons**

[TransVoiceLessons - YouTube](#)

[Your Lessons Now - YouTube](#)

[Why Pitch Isn't That Important In Voice Feminization \(Elements Of The Voice Part 1\)](#)

[How to make your voice sound Androgynous \(Deeper Androgynous\)](#)

[Voice Masculinization- Say Goodbye to Customer Service Voice](#)